



**Australian Council for Health, Physical Education and Recreation, NT Branch Inc.**

## **‘Come and Try’ Event 2010 Wednesday 22 and Thursday 23 September at Lake Alexander**

To acknowledge Health and Physical Education Week and Water Safety Week, Health Promoting Schools NT (HPSNT) and the Australian Council of Health Physical Education and Recreation (ACHPER) NT Branch will be hosting a ‘Come and Try’ event at Lake Alexander on Wednesday 22 and Thursday 23 September 2010.

**Schools are invited to bring along one group of 20 upper primary students (Years 5, 6, & 7) on one of the days to participate in a range of water and land based activities not typically offered in schools.**

Schools are asked to arrive by 9am for a pre event meeting and activity rotations will commence at 9:30am sharp. There will be one break in activities for recess/lunch from 11:30 – 12noon and activities will conclude by 2:15pm.

### **Each school will be required to bring:**

- at least one teacher and one other adult who will stay with their school group all day and assist with supervision
- a ‘daddy cool’ water cooler that will remain with your group throughout the day
- a first aid kit that will remain with the group throughout the day

### **Students must:**

- bring their own lunch/snacks (be aware that there are no facilities to purchase food and drinks in this area)
- named water bottle which may be refilled from the ‘daddy cools’
- be dressed in bathers but covered with suitable clothing for physical activity in the sun
- wear hats and sun screen (sun safety should be stressed to students with sip, slip, slop, slap and wrap)
- wear closed in shoes for land based activities.

Schools are responsible for providing their own transport to and from Lake Alexander.

**This is a very popular event and as the number of schools able to attend is limited, it is essential that schools complete the enclosed form and return to Natalie McMaster as soon as possible noting that registration closes on Friday 18 June 2010.**

**All schools will be notified on Monday 19 July 2010 and successful schools will receive further information regarding organisation of the day.**



Northern  
Territory  
Government

DEPARTMENT OF EDUCATION AND TRAINING



Australian Council for Health, Physical Education and Recreation, NT Branch Inc.

## 'Come and Try' Event 2010

REGISTRATIONS CLOSE FRIDAY 18 June 2010

<b>School</b>	
<b>School contact name</b>	
<b>Phone</b>	
<b>Fax</b>	
<b>Email</b>	
<b>Supervising teacher attending</b> Please indicate if you have a Bronze Medallion or First Aid Certificate	<b>Name:</b>  <b>Qualifications:</b>
<b>Supervising adult attending</b> Please indicate if they have a Bronze Medallion or First Aid Certificate	<b>Name:</b>  <b>Qualifications:</b>
<b>Number of Students attending</b> Maximum 20 students per school	
<b>Event Date</b> Please select date/s	<input type="checkbox"/> <b>Wednesday 22 September 2010</b>  <input type="checkbox"/> <b>Thursday 23 September 2010</b>
<b>Cost</b>	nil

Please fax or email back to  
**Natalie McMaster**  
 Email: [natalie.mcmaster@nt.gov.au](mailto:natalie.mcmaster@nt.gov.au)  
 Fax: 8999 4222